

LGBTQIA+ Resource List

Entre Hermanos

<https://entrehermanos.org/>

P: (206)322-7700

info@entrehermanos.org

1621 S. Jackson St. Suite 201

Seattle, WA 98144

Provides health and well-being support of the Latino LGBTQIA+ in a culturally appropriate environment through disease prevention, education, support services, advocacy, and community building.

Gay City

<https://www.gaycity.org/>

P: (206)860-6969

E: info@gaycity.org

517 E. Pike Street

Seattle, WA 98122

Community organization providing a Wellness Center, Resource and Referral Program, and Art program specifically for LGBTQIA+ individuals.

Gay, Lesbian, & Bisexual Counseling of Seattle

<http://www.gaylesbianseattlecounseling.com/index.php>

P: (206)276-0325

The Cabrini Medical Tower

901 Boren Ave. Suite 1300

Seattle, WA 98104

Provides coaching, counseling, and therapy on a wide range of issues with a wide range of coaches, counselors, and therapists.

Ingersoll Gender Center

<https://ingersollgendercenter.org/>

P: (206)849-7859

911 E Pike St. Suite 221

Seattle, WA 98122

E: info@ingersollgendercenter.org

Transgender resource center. Provides resources such as support groups, resource and referral programs, healthcare access work, economic justice work, community financial assistance and training and technical assistance programs.

MEND

<https://mendseattle.com/>

P: (206)660-4396

E: Begin@MendSeattle.com

200 1st Ave W Suite 405

Seattle, WA 98119

MEND provides subsidized individual, couples, and group counseling to cis and trans women and non-binary folks.

The NW Network

<https://www.nwnetwork.org/>

P: (206)568-7777

E: info@nwnetwork.org

PO Box 18436

Seattle, WA 98118

The NW Network of Bi, Trans, Lesbian, and Gay survivors of Abuse provides advocacy and resources for survivors.

PFLAG Seattle Chapter – Parents, Families, and Friends of Lesbians and Gays

<https://www.pflagseattle.org/>

P: (206)325-7724

E: info@pflagseattle.org

112 E. Pike St.

PMB 620

Seattle, WA 98122

Support for families, allies, and people who are LGBTQ.

Rainbow Center

P: (253)383-2318

E: info@rainbowcntr.org

2215 Pacific Ave.

Tacoma, WA 98402

Safe space for LGBTQ+ providing advocacy and education services.

Seattle Counseling Service

<https://seattlecounseling.org/>

P: (206)323-1768

E: info@seattlecounseling.org

1216 Pine Street, Suite 300

Seattle, WA 98101

LGBTQ+ focused behavioral health services.

State/Nationwide Resources for LGBTQIA+

The Gay, Lesbian, Bisexual, and Transgender National Hotline

P: (888)843-4564

P: (800)246-7743 (youth serving youth through age 25)

E: help@GLBTHotline.org

Provides telephone, online private 1:1 chat and email peer support, as well as factual information and local resources for cities and towns across the US.

The Trevor Project

P: (866)488-7386

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer, and questioning youth.

Pride Counseling

<https://www.pridecounseling.com/>

LGBTQ+ online counseling

Pride Institute

P: (800)547-7433

Chemical dependency/mental health referral and information hotline for the LGBTQ community.

Washington Gender Alliance

<http://washingtongenderalliance.com/>

Access to Transgender, Gender variant support groups and meetings