# SERVICE-LEARNING YELLOW PAGES PLACEMENT SITE

Updated: 9/3/2025

Name of Agency: Little Bit Therapeutic Riding Center

Volunteer Site Address: 18675 NE 106<sup>th</sup> St. Redmond, WA 98052

Mailing Address: Same

**Agency Hours:** Office Hours M-F 8am – 7pm; Saturdays from 8am-5pm

Contact: Lindsay Shepard, Director of Volunteer Involvement
Phone: 425-882-1554
Fax: 425-883-1818
Email: volunteers@littlebit.org
Website: www.littlebit.org

## **Agency Description:**

Little Bit Therapeutic Riding Center is a community where horses transform the bodies, minds, and spirits of people with disabilities.

As a nonprofit organization, Little Bit provides life-changing equine-assisted programs for children and adults with physical, emotional, and cognitive challenges from across the greater Puget Sound region. Participants engage in weekly adaptive riding lessons and/or therapy treatments that not only improve balance, coordination, and core strength, but also build confidence, independence, and a strong sense of accomplishment. We celebrate the abilities of every individual while creating a supportive, inclusive community.

## **Position Descriptions:**

Average shifts range from 1 to 2 hours in length. Our largest ongoing needs are:

- Program volunteers assist participants by grooming and tacking horses, supporting participants while in classes/treatments, and leading horses.
- Barn Team volunteers fill horse waters, clean paddocks, and fulfill other barn tasks. Barn Team volunteers commit to one weekly shift, Monday-Sunday.

# Days and hours students can serve in these positions:

Scheduling depends on available positions within our service hours (Monday-Friday from ~8am-8pm and Sundays for equine support).

#### Minimum time commitment required of volunteers:

We ask for a commitment of approximately six months.

# What qualities, abilities and skills are important at your agency?

We value volunteers who bring flexibility, responsibility, dependability, and a positive spirit. It's important that volunteers can follow directions, work collaboratively, and remain adaptable to changing needs. Volunteers should also be comfortable walking on uneven surfaces and able to lift ~20 pounds.

**Is volunteer orientation provided?** Yes, mandatory **Length of time students should budget for it:** 1 hour

## Is volunteer training provided? Yes

**Length of time students should budget for it:** 2 hours (Program and/or Barn Team Training - if working directly with horses and clients).

#### Is on-site supervision provided? Yes

**Number of Service-Learning positions available per quarter:** Unlimited (dependent on need at time of outreach)

Please return to: Service-Learning Program, Seattle Central College, 1701 Broadway, BE1117, Seattle, WA 98122