

SERVICE-LEARNING YELLOW PAGES PLACEMENT SITE

Updated: 7/22/25

Name of agency: Lifelong

Volunteer Site Address: 4634 East Marginal Way S, Seattle WA 98134

Mailing Address: Same as above

Agency Hours: 8:30am-5:00pm

Contact: Emily Harrop

Phone: (206) 957-1636

Email: volunteer@lifelong.org

Agency Description:

Lifelong removes barriers to health with relentless compassion so that no one faces illness and injustice alone. Lifelong was founded by volunteers in the '80s in response to the HIV/AIDS crisis, delivering meals to folks with HIV. Lifelong has expanded since then and merged with the Northwest AIDS Alliance and Evergreen Health, and we now serve individuals with a wide range of chronic medical conditions including cancer, diabetes, and kidney disease, as well as seniors and folks with disabilities. We deliver medically tailored meals and culturally relevant grocery bags to people's homes primarily in King and Snohomish counties. In 2023 we delivered 280,000 meals and 44,000 grocery bags to folks in need.

Volunteer Position Descriptions:

- **Kitchen Helper** – Lifelong is seeking volunteers to help out in our kitchen to prepare and package medically tailored meals for clients who are living with serious illnesses. Our kitchen volunteers play an important role in helping homebound individuals maintain their health and independence by preparing delicious and nutritious meals. No cooking experience is necessary!
 - **Shift times:** Monday - Friday (9:30am-12:00pm, 1:30pm-4:00pm) Saturday (10:30am-1:00pm, 2:30-5:00pm)
 - **Requirements:** Washington state Food Worker Card, HIPAA training
- **Warehouse Helper** – Lifelong is looking for volunteers to help repack bulk items such as rice, beans, and oats, pack shelf stable items into grocery bags to prepare for delivery, and help us put away deliveries.
 - **Shift Times:** Mondays - Friday (9:30am – 12:00pm, and 1:30pm-4:00pm)
 - **Requirements:** Washington state Food Worker Card, HIPAA training

Minimum Time Commitment required of volunteers: 16 hours per quarter

What qualities, abilities and skills are important at your agency?

- Ability to work as a part of a team and follow staff direction
- Understanding and ability to follow basic food safety protocols
- Must be reliable: arrive on time for scheduled shifts and communicate planned absences, illness or emergency promptly to the Volunteer Dept. and shift Supervisors
- Comfortable working with people of varying socioeconomic backgrounds, sexual orientations, gender identities, and ethnic and racial diversity
- Maintains a positive working attitude
- Good communication skills

Is volunteer orientation provided? Yes, before beginning your first shift

Length of time: 10 minutes

Is volunteer training provided? Yes

Length of time student should budget for it: Provided during the first shift; no extra time required.

Is on-site supervision provided? Yes

Number of service-learning positions available per quarter

**Please return to: Service-Learning Program, Seattle Central College,
1701 Broadway, BE1103, Seattle, WA 98122**