

## **CALL TO ACTION: Choose an issue or cause you care about and volunteer or intern with these local organizations.**

### Environmental

- 350 Seattle (350seattle.org) – Grassroots movement for climate justice.
- Center for Environmental Law and Policy (<https://celp.org>) – Statewide organization whose mission is to protect, preserve and restore WA waters through education, policy reform, advocacy, and litigation.
- Environmental Coalition of South Seattle (ECOSS) ([ecoss.org](http://ecoss.org)) – Promote environmental justice and sustainability to build immigrant and refugee communities that can shape their futures.
- Got Green ([gotgreenseattle.org](http://gotgreenseattle.org)) – Organizes for environmental, racial, and economic justice, led by people of color and low-income people.
- Front and Centered ([frontandcentered.org](http://frontandcentered.org)) – Statewide coalition of groups and organizations rooted in communities of color, to advance equity, climate justice and environmental justice.
- Sierra Club ([sierraclub.org/washington](http://sierraclub.org/washington)) – Oldest, largest, and most influential grassroots environmental/conservation organization.
- Sustainable Seattle ([sustainableseattle.org](http://sustainableseattle.org)) – Works to build a thriving future through initiatives that deliver environmental, economic and community benefits; promote equity, and build resilience.
- Washington Conservation Action ([waconservationaction.org](http://waconservationaction.org)) – The political voice for the environment.

Organizations that offer one-day environmental cleanup, restoration, and trail maintenance events: Green Seattle Partnership, Mountains to Sound Greenway, Forterra, EarthCorps, Duwamish Alive Coalition, Duwamish River Cleanup Coalition

### Food Security – Food Banks

- Asian Counseling and Referral Services ([acrs.org](http://acrs.org))
- Ballard Food Bank ([ballardfoodbank.org/volunteer](http://ballardfoodbank.org/volunteer))
- El Centro de la Raza ([elcentrodelaraza.org](http://elcentrodelaraza.org))
- Jewish Family Services ([jfsseattle.org](http://jfsseattle.org))
- North Helpline ([northhelpline.org/volunteer](http://northhelpline.org/volunteer))
- Northwest Harvest/SODO Community Market ([northwestharvest.org](http://northwestharvest.org))
- Pike Market Food Bank ([pmsc-fb.org/foodbank](http://pmsc-fb.org/foodbank))
- Rainier Valley Food Bank ([rvfb.org](http://rvfb.org))
- University District Food Bank ([udistrictfoodbank.org](http://udistrictfoodbank.org))
- West Seattle Food Bank ([westseattlefoodbank.org](http://westseattlefoodbank.org))

The Seattle Food Committee members represent 30 food programs serving those in need of supplemental food: ([seattlefoodcommittee.org/find-a-food-bank](http://seattlefoodcommittee.org/find-a-food-bank))

## Food Programs:

- Beacon Food Forest ([beaconfoodforest.org](http://beaconfoodforest.org)) – Urban forest garden that encourages the Beacon Hill community to grow their own food.
- FareStart ([farestart.org](http://farestart.org)) – a culinary job training program for homeless and disadvantaged individuals.
- Food Lifeline ([foodlifeline.org](http://foodlifeline.org))-recovers food and distributes to their community partners.
- Hunger Intervention Program ([hungerintervention.org](http://hungerintervention.org)) – meal programs and nutrition and cooking classes.
- Solid Ground ([solid-ground.org](http://solid-ground.org)) – multi-service agency with food programs.
- Tilth Alliance ([tilthalliance.org](http://tilthalliance.org)) – teaches adults and kids how to grow food, compost, and garden organically.

## Human Rights

- ACLU of Washington ([aclu-wa.org](http://aclu-wa.org)) – civil rights and civil liberties organization.
- Amnesty International USA Group 4 of Seattle ([amnestyseattle.org](http://amnestyseattle.org)) – Global movement of people fighting injustice and promoting human rights.
- NAACP – Seattle & King County ([seattlekingcountynaacp.org](http://seattlekingcountynaacp.org)) – Ensure political, educational, social, and economic equality and eliminate racial hatred and racial discrimination.
- Anti-Defamation League of the Pacific Northwest ([seattle.adl.org](http://seattle.adl.org)) – Dedicated to combatting hate, promoting civil rights, and securing fair and just treatment for everyone in our communities.

## Immigrant Rights

- Colectiva Legal del Pueblo ([colectivalegal.org](http://colectivalegal.org)) – A collective organization founded for and by undocumented immigrants working to build community leadership and power for migrant justice through legal advocacy and education.
- OneAmerica ([weareoneamerica.org](http://weareoneamerica.org)) – Organizes immigrant and refugee leaders to build power in our communities and run campaigns to create a just immigration system.
- CAIR ([cairwa.org](http://cairwa.org)) – Civil liberties group that defends and empowers Muslims.
- Lutheran Community Services Northwest –Refugee and Immigrant Service ([www.lcsnw.org](http://www.lcsnw.org)) – Accessible legal services and support.
- Northwest Immigrant Rights Project ([nwirp.org](http://nwirp.org)) – Promotes justice by defending and advancing the rights of immigrants through direct legal services, systemic advocacy, and community education.
- Advocates for Immigrants in Detention Northwest ([aidnw.org](http://aidnw.org)) – Provides services to detained immigrants at the Northwest Detention Center.
- Washington Immigrant Solidarity Network (WAISN.org) - Largest immigrant justice network in Washington.

## Immigrant and Refugee Services

- Asian Counseling and Referral Service ([www.acrs.org](http://www.acrs.org)) – Promotes social justice and the empowerment of the API and other underserved communities by developing, providing, and advocating for innovative, effective, and efficient community-based multilingual and multicultural services.
- Casa Latina ([www.casa-latina.org](http://www.casa-latina.org)) – Advances the power and well-being of Latino immigrants through employment, education and community organizing.
- Chinese Information and Service Center ([cisc-seattle.org](http://cisc-seattle.org)) – Helps immigrants throughout King County to achieve success in their new community by offering information, referral, advocacy, and social services.
- East African Community Services ([eastafriancs.org](http://eastafriancs.org)) – Operates community centers in Seattle's New Holly and Sea-Tac. Offers wraparound services for youth, adults, and families.
- El Centro de la Raza ([elcentrodelaraza.org](http://elcentrodelaraza.org)) – Social justice/social service organization for Seattle's Latino community.
- Horn of Africa Services ([hoas.org](http://hoas.org)) – Provides social services to the East African immigrant and refugee community.
- International Rescue Committee- ([rescue.org/united-states/seattle-wa](http://rescue.org/united-states/seattle-wa)) – Provides opportunities for refugees, asylees, victims of human trafficking, survivors of torture, and other immigrants to thrive in America.
- Jewish Family Service of Seattle ([jfsseattle.org](http://jfsseattle.org)) – Supports the needs of Jewish individuals and families, refugees and immigrants, and the broader community to achieve well-being, health, and stability.
- Muslim Association of Puget Sound (MAPS) ([mapsredmond.org](http://mapsredmond.org)) – Founded to serve the Muslims of Puget Sound and the wider community. It is the largest Islamic Center in Washington.
- Neighborhood House ([nhwa.org](http://nhwa.org)) – One of the oldest social service agencies in Seattle. Provides services for immigrants and refugees.
- Refugee Federation Service Center ([rfsc.org](http://rfsc.org)) - Organization created by refugees to support successful resettlement in America.
- Refugee Resettlement Office ([dioceseroseattle.org](http://dioceseroseattle.org)) – Serves refugees and asylees living in the Seattle area.
- Refugee Women's Alliance (ReWA) ([rewa.org](http://rewa.org)) – Provide wraparound services to help refugee and immigrant women and families thrive.
- Somali Community Services of Seattle ([somscc.org](http://somscc.org)) - Supports refugees and immigrants settling in the Seattle area. Provides a wide variety of services.
- St. James Immigrant Assistance ([stjames-cathedral.org/immigrant/](http://stjames-cathedral.org/immigrant/))– Provides services to immigrants and refugees.
- Ukrainian Community Center of Washington ([uccwa.org](http://uccwa.org)) - Empowers refugees and their families in the state of Washington. Provide immigration, behavioral health, and social services.
- World Relief Western Washington ([worldrelief.org/western-wa](http://worldrelief.org/western-wa)) – Services for refugees and immigrants. Offices in Kent, Olympia, and Bellingham

## LGBTQ+

- Entre Hermanos ([entrehermanos.org](http://entrehermanos.org)) – To promote the health and well-being of the Latino LGBTQ and questioning community in a culturally appropriate environment through disease prevention, education, support services, advocacy, and community building.
- Equal Rights Washington ([equalrightswashington.org](http://equalrightswashington.org)) – LGBTQ advocacy and community outreach organization with mission to ensure and promote dignity, safety, and equality for all LGBTQ Washingtonians.
- Gender Justice League ([genderjusticeleague.org](http://genderjusticeleague.org)) – Elevating human rights for Two Spirit, Trans, and Gender Diverse people by providing advocacy and direct support.
- Ingersoll Gender Center ([ingersollgendercenter.org](http://ingersollgendercenter.org)) - Provides peer-led support groups and advocacy for transgender and gender non-conforming people in the Puget Sound area.
- Lambert House ([lamberthouse.org](http://lamberthouse.org)) – Empowers lesbian, gay, bisexual, transgender and questioning youth through the development of leadership, social and life skills.
- Lavender Rights Project ([lavenderrightsproject.org](http://lavenderrightsproject.org)) – Elevates the power, autonomy and leadership of the Black intersex and gender diverse community through intersectional legal and social services.
- Lifelong ([lifelong.org](http://lifelong.org)) – Delivers food, housing and health services to people living with chronic illnesses, including HIV and AIDS.
- Northwest Network ([nwnetwork.org](http://nwnetwork.org)) – Supports queer and trans victims of intimate partner violence to reconnect to their self-determination through advocacy-based counseling and community education.
- Pacific Northwest Black Pride ([nwblackpride.org](http://nwblackpride.org)) – A gathering space designed for culture, unity, and joy. Produces events and activities in the Pacific Northwest region and beyond.
- PEER Seattle ([eerseattle.org](http://eerseattle.org)) – Provide peer emotional support and development service to the LGTBQ community.
- POCAAN ([pocaan.org](http://pocaan.org)) – Multicultural, multi-social service agency serving marginalized communities in Seattle/King County. For many years, their work has been rooted in HIV/AIDS prevention, but they have expanded their services over the years.
- Seattle's LGBTQ Center (formerly Gay City) ([gaycity.org](http://gaycity.org)) - Cultivates access and connections to promote self-determination, liberation, and joy in the LGBTQ community.
- The QLaw Foundation of Washington ([qlawfoundation.org](http://qlawfoundation.org)) – Advocacy, education, and legal assistance.

## Legal Assistance

- American Civil Liberties Union of Washington ([aclu-wa.org](http://aclu-wa.org)) - Defends civil liberties and civil rights.
- Colective Legal del Pueblo ([colectivalegal.org](http://colectivalegal.org)) – A collective organization founded for and by undocumented and migrant communities to build community leadership and power for migrant justice through legal advocacy and education.
- Columbia Legal Services ([columbialegal.org](http://columbialegal.org)) – Works to advance racial and economic justice through impact litigation and legislative advocacy.

- King County Bar Association/Neighborhood Legal Clinics ([kcba.org](http://kcba.org)) – Free limited legal advice and referrals to King County residents.
- Northwest Immigrant Rights Project ([nwirp.org](http://nwirp.org)) – Promotes justice by defending and advancing the rights of immigrants through direct legal services, systemic advocacy, and community education.
- Northwest Justice Project ([nwjustice.org](http://nwjustice.org)) – Works to ensure everyone has equal access to justice in our legal system. Provides free legal representation and advice.
- Seattle Office for Civil Rights ([seattle.gov/civil-rights](http://seattle.gov/civil-rights)) – Works to advance civil rights and end barriers to equity.
- Washington State Human Rights Commission ([hum.wa.gov](http://hum.wa.gov)) – Prevent and eliminate discrimination through the fair application of the law, efficient use of resources, and productive partnerships in the community.

## Reproductive Rights

Although WA State law allows the right to an abortion, federal legislation could still impose obstacles. Here are local agencies involved in reproductive rights:

- Pro-Choice Washington ([prochoicewashington.org](http://prochoicewashington.org)) – Advocacy organization that advocates for reproductive freedom.
- Planned Parenthood of the Great Northwest and Hawaii-Alaska-Indiana-Kentucky ([plannedparenthood.org/planned-parenthood-great-northwest-hawaii-alaska-indiana-kentucky](http://plannedparenthood.org/planned-parenthood-great-northwest-hawaii-alaska-indiana-kentucky)) - Health care provider and advocate for reproductive health care, sex education/information.
- National Organization for Women – Seattle Chapter ([nowseattle.org](http://nowseattle.org)) – The Seattle chapter of the leading feminist activist group in the nation. Promotes feminist ideals, lead societal change, eliminate discrimination, and achieve justice for women.

## Social Justice

- Statewide Poverty Action Network ([www.povertyaction.org](http://www.povertyaction.org)) – Anti-poverty advocacy program working to advance equitable policy solutions for low-income people in Washington State.
- Washington Community Action Network ([washingtoncan.org](http://washingtoncan.org)) – Works to achieve racial, gender and economic justice for Washington state and our nation.

## Veterans

- Compass Housing Alliance ([compasshousingalliance.org/how-you-can-help-2/](http://compasshousingalliance.org/how-you-can-help-2/)) - Operates three shelters for veterans.
- El Centro de la Raza ([elcentrodelaraza.org/pathfinders-veterans-outreach/](http://elcentrodelaraza.org/pathfinders-veterans-outreach/)) - Pathfinders program for veterans.
- Multi-Service Center ([mschelps.org/gethelp/housing/veterans/](http://mschelps.org/gethelp/housing/veterans/))– Operates William J. Wood Veterans House and Burien Veterans House.
- Puget Sound Healthcare System ([va.gov/puget-sound-health-care/work-with-us/volunteer-or-donate/](http://va.gov/puget-sound-health-care/work-with-us/volunteer-or-donate/)) - Regional medical center for veterans.

- Salvation Army ([seattle.salvationarmy.org/seattle\\_services/william-booth-center/](http://seattle.salvationarmy.org/seattle_services/william-booth-center/)) – Includes program that offers meals and case management.
- Sea-Tac USO Center ([northwest.uso.org/sea-tac](http://northwest.uso.org/sea-tac)) - Serves current service members and their families.
- YWCA Seattle-King-Snohomish ([ywcaworks.org/programs/supportive-services-veteran-families](http://ywcaworks.org/programs/supportive-services-veteran-families)) – Supportive services for veteran families.

### Voter Education, Mobilization and Registration

- APACE-WA ([apace-wa.org](http://apace-wa.org)) – Asian Pacific Islander Americans for Civic Engagement. Educate communities on the political process, register voters, execute Get out the Vote campaigns, and coalition building.
- Fuse Washington ([fusewashington.org](http://fusewashington.org)) - Progressive organization creating change online, on the ground and on issues that matter.
- League of Women Voters of Seattle King County ([lwvskc.org](http://lwvskc.org)) – Non-profit, non-partisan political organization that encourages informed and active participation in government, works to increase understanding of major public policy issues and influences public policy through education and advocacy.
- Seattle Indivisible([seattleindivisible.com](http://seattleindivisible.com)) - Mission is to defend democracy and build a just, equitable society through constituent advocacy and grassroots action.
- Washington Bus ([washingtonbus.org](http://washingtonbus.org)) – Statewide organization that increases political access and participation for young people across WA State and develops the next generation of leaders.

### Women's Rights/Advocacy

- Alene Morris Women's Center (UW) ([washington.edu/womenscenter/](http://washington.edu/womenscenter/)) - Disrupt cycles of oppression and break down gender-based barriers. They believe women's rights are human rights.
- Legal Voice ([www.legalvoice.org/work](http://www.legalvoice.org/work)) – Work in the Northwest's courtrooms, legislatures, and communities – creating and enforcing strong equitable laws and empowering people to know their rights.
- League of Women Voters of Seattle King County ([lwvskc.org](http://lwvskc.org)) – Non-profit, non-partisan political organization that encourages informed and active participation in government, works to increase understanding of major public policy issues and influences public policy through education and advocacy.
- National Organization for Women – Seattle Chapter ([nowseattle.org](http://nowseattle.org)) – The Seattle chapter of the leading feminist activist group in the nation. Promotes feminist ideals, lead societal change, eliminate discrimination, and achieve justice for women.
- Pro-Choice Washington ([prochoicewashington.org](http://prochoicewashington.org)) – Advocacy organization that advocates for reproductive freedom.
- Radical Women, Seattle Chapter ([radicalwomen.org](http://radicalwomen.org)) - A socialist feminist, grassroots activist organization with a strong feminist voice within the left.