

# Nursing Assistant Certified I-BEST

Integrated Basic Education and Skills Training (I-BEST)



## What is NAC I-BEST?

A one-quarter program (**every Summer**) that **prepares students to take the Washington State exam to become a Certified Nursing Assistant.**

**Career opportunities:** NACs/CNAs provide direct care for patients in long-term care facilities, hospitals, and home settings under the supervision of nursing and medical staff. The average wage is about \$20-\$25 per hour in King County.

## Who is eligible for I-BEST?

I-BEST is for students needing extra support to meet college-level requirements. I-BEST classes have two teachers. They are designed for advanced English language learners (ESL) or students in Adult Basic Education (ABE).

### Eligibility Requirements:

- Work authorization (if needed)
- Pass a background check
- Have health insurance and able to get required immunizations
  - Immunizations: Covid 19 booster, flu, Varicella TDAP, MMR, Hepatitis B, Tuberculosis
- Meet English language eligibility:
  - ESL students: Completed Level 5 (eligible for ESL 6/081)
  - ABE students: Completed Level 4 (eligible for ABE 52)



*\*\*If you qualify for I-BEST, you may be able to start NAC before you meet the general college English requirements. Please email us if you are unsure of your English level.*

## When:

**The next classes start July 7–August 28 2025**

NAC I-BEST is only offered in Summer quarter (NAC without I-BEST is offered every quarter). It is a full-time program (14 college credits) with daytime classes, usually 9am-2pm.

## Where:

**In person classes are in the Nursing Lab at South Seattle College**

(6000 16th Ave SW, Seattle, WA 98106)

*\*\* You will be enrolled through Seattle Central even though classes are located at South Seattle*

## Costs:

**The total cost is roughly \$2,500 for Washington residents:**

Tuition, Fees, and Books (Estimate)	\$1,700.00
Other Expenses (Immunizations, physical, background check, etc.)	\$ 550.00
State Exam fee and NAC certification	\$ 185.00

*\*\*Note: This is an estimate only. Students may be eligible for funding help, including Financial Aid (must apply to college as Nursing student to be eligible for grants, not just NAC), Scholarships, and Workforce Services.*

Information about college tuition: <https://seattlecentral.edu/enrollment-and-funding/enrollment-and-admissions/tuition-and-payment>

Information about funding options: <https://seattlecentral.edu/enrollment-and-funding/financial-aid-and-funding>

## After NAC:

**The Associate Degree in Nursing** builds on the NAC program and prepares students for the challenging career of being a registered nurse. This program is full time for 9 quarters (roughly three years and includes one year of pre-requisite classes).

## Questions?

**Email:** [Transitions.Central@seattlecolleges.edu](mailto:Transitions.Central@seattlecolleges.edu)

**phone:** 206.934.5459

**Visit:** <https://healthcare.seattlecentral.edu/programs/nursing-assistant-certified>

## Steps to Enroll in NAC I-BEST Summer 2025:

	Step you need to complete	Deadline
1	Email Naomi or Hans to get on the interest list and confirm eligibility: <a href="mailto:Transitions.Central@seattlecolleges.edu">Transitions.Central@seattlecolleges.edu</a>	April 4, 2025
2	Complete general college enrolment steps: <ol style="list-style-type: none"> <li>1. Apply</li> <li>2. Financial aid/Funding (if needed)</li> <li>3. Math and English Direct Self Placements</li> </ol> <a href="https://seattlecentral.edu/get-started/enroll-now/new-student">https://seattlecentral.edu/get-started/enroll-now/new-student</a>	April 4, 2025
3	Attend the NAC I-BEST Information Session: <a href="https://healthcare.seattlecentral.edu/tours-and-information">https://healthcare.seattlecentral.edu/tours-and-information</a>	<b>Info Session: April 4, 2025 11am -12pm at South Seattle College (In-person)</b>
4	Meet with staff to complete program enrolment	By orientation in June
5	Once enrolled, complete the Background Check	By orientation in June
6	Attend the mandatory orientation. Bring all immunization records to Orientation for verification (Covid 19 booster, flu, Varicella TDAP, MMR, Hepatitis B, Tuberculosis)	<b>Orientation in June – date to be confirmed</b>
7	Pay tuition. Get student ID, student email, books and supplies.	Classes start July 7, 2025
8	<b>Before the start of classes, students must complete any final immunizations requirements</b>	Classes start July 7, 2025