

# Sterile Processing I-BEST

(Integrated Basic Education and Skills Training)



## What is it?

This two-quarter certificate program (Spring and Summer) trains students to become certified Sterile Supply and Instrument Technicians.

- **Spring Quarter:** Classroom training (full time, class starts at 8am).
- **Summer Quarter:** A 400-hour hands-on training at a hospital sterile processing department.

This program uses the I-BEST model, with two instructors and an additional support class to help students succeed.

**Career opportunities:** After this program, many students work in hospitals and clinics in Sterile Processing Departments or Central Supply Departments.

In Washington, the average salary for a sterile processing technician is \$61,913 per year or \$29.77 per hour.

## Who is I-BEST for?

I-BEST is for students needing extra support to meet college-level requirements.

Designed for advanced English language learners (ESL) or students in Adult Basic Education (ABE).

### Eligibility Requirements:

- Work authorization (if needed)
- High school diploma or GED (from any country)
- Pass a background check
- Have health insurance and able to get required immunizations

- Immunizations: Covid 19 booster, flu, Varicella TDAP, MMR, Hepatitis B, Tuberculosis
- Meet English language eligibility:
  - ESL students: Completed Level 5
  - ABE students: Completed Level 4 (ABE 42)

*\*\*If you qualify for I-BEST, you may be able to start Sterile Processing before you meet the general college English requirements. Please email us if you are unsure of your English level.*

## When:

### **The next classes start April 7, 2025**

It is a full-time program. April-August, roughly 5 months in total. Summer quarter schedule to be determined.

Spring class schedule:

**Tuesdays and Thursdays 8am-2:30pm, Wednesdays 8am-11:50am**

(1 additional full day will be scheduled for CPR/Basic Life Support certification)

## Where:

### **In person classes are at the Health Education Center**

Located at the Pacific Tower on Beacon Hill (Bus #s 36, 60). Address: 1200 12th Ave. S, Seattle 98144

*You will be enrolled through Seattle Central even though classes are located at HEC*

## Costs:

**The rough estimate is \$1,500 per quarter for Washington resident rate.**

- Costs of program include college tuition, fees, vaccinations, and certification.
- Students take 11 total college credits in Spring and 9 total college credits in Summer (there is no extra cost for the I-BEST support class).

*\*\* This is an estimate only. Students may be eligible for funding help, including Workforce Services:*

[https://seattlecolleges.formstack.com/forms/workforce\\_services\\_application](https://seattlecolleges.formstack.com/forms/workforce_services_application)

*\*\*For more information about college tuition, visit: <https://seattlecentral.edu/enrollment-and-funding/enrollment-and-admissions/tuition-and-payment>*

## Steps to Enroll in Sterile Processing I-BEST 2025:

<b>1</b>	Email Naomi or Hans to get on the interest list: <a href="mailto:Transitions.Central@seattlecolleges.edu">Transitions.Central@seattlecolleges.edu</a>	By January 25, 2025
<b>2</b>	Complete college application, funding, and enrollment steps: <a href="https://seattlecentral.edu/get-started/enroll-now/new-student">https://seattlecentral.edu/get-started/enroll-now/new-student</a>	By January 31
<b>3</b>	Attend the I-BEST Information Session at the Health Education Center: <a href="https://healthcare.seattlecentral.edu/tours-and-information">https://healthcare.seattlecentral.edu/tours-and-information</a>	On Monday January 27, 2pm
<b>4</b>	Meet with staff to complete enrollment process	By January 31
<b>5</b>	Once accepted, complete the American DataBank Background Check (cost is \$52.50)	Date to be confirmed
<b>6</b>	Attend the mandatory orientation	Date to be confirmed
<b>7</b>	Get student ID, student email, books and supplies	March
<b>8</b>	<b>Before the start of classes, students must provide proof of a health exam and all immunization requirements</b> (Covid 19 booster, flu, Varicella TDAP, MMR, Hepatitis B, Tuberculosis)	March (class starts April 7!)

### Questions?

Email: [Transitions.Central@seattlecolleges.edu](mailto:Transitions.Central@seattlecolleges.edu)

phone: 206.934.5459

### For more information about Sterile Processing visit:

<https://healthcare.seattlecentral.edu/programs/sterile-processing>

## After Sterile Processing:

**Surgical Technology Associates of Science degree** is a two-year, job-training degree that builds on the Sterile Processing program. Students take additional general education electives, making this a good option if you intend to transfer to a Bachelor of Applied Science (BAS) degree program or may attend a university in the future to earn a bachelor's degree.