

Nursing Assistant Certified I-BEST

Integrated Basic Education and Skills Training (I-BEST)



What is NAC I-BEST?

A one-quarter program (**every Summer**) that **prepares students to take the Washington State exam to become a Certified Nursing Assistant.**

Career opportunities: NACs/CNAs provide direct care for patients in long-term care facilities, hospitals, and home settings under the supervision of nursing and medical staff. The average wage is about \$20-\$25 per hour in King County.

Who is eligible for I-BEST?

I-BEST is for students needing extra support to meet college-level requirements. I-BEST classes have two teachers. They are designed for advanced English language learners (ESL) or students in Adult Basic Education (ABE).

Eligibility Requirements:

- Work authorization (if needed)
- Pass a background check
- Have health insurance and able to get required immunizations
 - Immunizations: Covid 19 booster, flu, Varicella TDAP, MMR, Hepatitis B, Tuberculosis
- Meet English language eligibility:
 - ESL students: Completed Level 5
 - ABE students: Completed Level 4 (ABE 42)



***If you qualify for I-BEST, you may be able to start NAC before you meet the general college English requirements. Please email us if you are unsure of your English level.*

When:

The next classes start June –August, 2025

NAC I-BEST is only offered in Summer quarter. It is a full-time program (14 college credits) with daytime classes, usually 9am-2pm.

Where:

In person classes are in the Nursing Lab at South Seattle College

(6000 16th Ave SW, Seattle, WA 98106)

*** You will be enrolled through Seattle Central even though classes are located at South Seattle*

Costs:

The total cost is roughly \$2,500 for Washington residents:

Tuition, Fees, and Books (Estimate)	\$1,700.00
Other Expenses (Immunizations, physical, background check, etc.)	\$ 550.00
State Exam fee and NAC certification	\$ 185.00

***Note: This is an estimate only. Students may be eligible for funding help, including Workforce Services: https://seattlecolleges.formstack.com/forms/workforce_services_application*

More information about college tuition: <https://seattlecentral.edu/enrollment-and-funding/enrollment-and-admissions/tuition-and-payment>

After NAC:

The Associate Degree in Nursing builds on the NAC program and prepares students for the challenging career of being a registered nurse. This program is full time for 9 quarters (roughly three years – this includes roughly one year of pre-requisite classes).

Questions?

Email: Transitions.Central@seattlecolleges.edu

phone: 206.934.5459

Visit: <https://healthcare.seattlecentral.edu/programs/nursing-assistant-certified>

Steps to Enroll in NAC I-BEST Summer 2025:

1	Email Naomi or Hans to get on the interest list: Transitions.Central@seattlecolleges.edu	Due date to be confirmed
2	Complete college application, funding, and enrollment steps: https://seattlecentral.edu/get-started/enroll-now/new-student	Due date to be confirmed
3	Attend the NAC I-BEST Information Session: https://healthcare.seattlecentral.edu/tours-and-information	Due date to be confirmed
4	Meet with staff to complete enrollment process	Due date to be confirmed
5	Once accepted, complete the Background Check	Due date to be confirmed
6	Attend the mandatory orientation	Due date to be confirmed
7	Get student ID, student email, books and supplies	Due date to be confirmed
8	Before the start of classes, students must provide proof of a health exam and all immunization requirements (Covid 19 booster, flu, Varicella TDAP, MMR, Hepatitis B, Tuberculosis)	Due date to be confirmed