# SERVICE-LEARNING YELLOW PAGES PLACEMENT SITE

## Updated:7/12/2023

Name of Agency: Little Bit Therapeutic Riding Center

Volunteer Site Address: 18675 NE 106<sup>th</sup> St. Redmond, WA 98052

Mailing Address: Same

**Agency Hours:** Office Hours M-F 8 am – 7 pm

Contact: Lindsay Shepard, Director of Volunteer Involvement
Phone: 425-882-1554
Fax: 425-883-1818
Email: volunteers@littlebit.org
Website: www.littlebit.org

## **Agency Description:**

Little Bit Therapeutic Riding Center is a community where horses transform the bodies, minds, and spirits of people with disabilities.

Little Bit is a non-profit organization that offers a unique approach to therapy. Adults and children with physical, emotional, or cognitive disabilities from the greater Puget Sound area are enrolled in weekly adaptive horseback riding classes and/or hippotherapy treatments that improve physical health, provide a sense of accomplishment, control, and emphasize the capabilities of each participant.

## **Position Descriptions:**

Contact us for current service opportunities. Our largest ongoing needs for volunteers are:

- Program volunteers assist riders and patients by grooming and tacking horses before class, supporting riders while in class, leading horses, and putting away horses after class.
- Barn Team volunteers fill horse waters, clean paddocks, and fulfill a variety of other barn tasks. Barn Team volunteers commit to at least one weekly shift, Monday-Sunday (9:30 am, 11 am, 4 pm), shifts range from 1.5 to 2 hours in length.

## Days and hours students can serve in these positions:

We are open 6 days a week, from approximately 8am to 8pm. Scheduling is dependent on available positions.

## Minimum time commitment required of volunteers:

In addition to attending mandatory orientation and training, we ask for a minimum time commitment of approximately 2 hours a week for six months.

#### What qualities, abilities and skills are important at your agency?

Flexible personalities, responsible, ability to follow directions.

## Is volunteer orientation provided? Yes

Length of time students should budget for it: 1 hour.

## Is volunteer training provided? Yes

**Length of time students should budget for it:** 2.5 hours (if working directly with horses and riders).

## Is on-site supervision provided? Yes

**Number of Service-Learning positions available per quarter:** Unlimited (dependent on need at time of outreach)

Please return to: Service-Learning Program, Seattle Central College, 1701 Broadway, BE1117, Seattle, WA 98122