Personal Enrichment
Health, Fitness, Wellness

THERAPEUTIC USES OF ESSENTIAL OILS $75.00
1 session, starts Jan 24. Discover the art and science of aromatherapy. You will learn about therapeutic uses, proper blending, and safe uses of essential oils, building a strong knowledge base for your continued use. You will have the opportunity to experience the aromas of all 21 essential oils in class as well as create your own custom massage oil. The instructor is a professionally trained herbalist and aromatherapist, and natural-beauty expert. Price includes workbook. If you are pregnant, nursing, suffering from any medical condition, taking medication, or sensitive to odors, please consult a health care practitioner before you sign up for this class if you have any concerns. Visit: www.freshpickedbeauty.com.
6573 BE 1139B Sa 10:00A-4:00P Buck

WIN THE WAR AGAINST Colds AND InFLUENZA! $85.00
6 sessions, starts Jan 15. Hate getting colds? Want to avoid influenza? Learn all the basic skills needed for making herbal medicines at home. See the herbs and taste the flavors. Easy-to-follow methods for making teas, infusions, decoctions and tinctures with suggestions for cough drops, lotions and more. Course based upon current medical, scientific and herbal research. Taught by well-known Master Herbalist with 35 years’ of experience. Visit: http://www.thehermitsgrove.com
6571 BE 1140 Th 6:30P-8:00P Beyerl

ADVANCED WING CHUN KUNG FU $125.00
10 sessions, starts Jan 10. Experienced Wing Chun students learn in depth of Chi-Sau (Sticky Arm) in relation to the six Wing Chun forms (Sil Nim Tau, Chum-Kiu, Buu Tze, Muk Yan Jong, Bart Cham Dao, and Luk Dim Boon) to achieve mental and physical balance for healthier life. Train in an environment that is fun, safe, and supportive.
6526 MAC 207 Sa 10:00A -11:30A Ta

KUNDALINI YOGA $110.00
8 sessions, starts Jan 17. Considered to be the most comprehensive of all the yogas, Kundalini Yoga incorporates the use of breath, movement, meditation and deep relaxation to awaken the mind, body, and being. You will learn how to find inner wisdom, peace and the ability to navigate your life more easily. Bring a water bottle, mat and towel. Interested in taking a drop-in class for $10? Contact Julia.Goldie@seattlecolleges.edu
6528 MAC 207 Sa 10:30A-12:00P Edie/Smith

SELF DEFENSE 101 FOR WOMEN $168.00
6 sessions, starts Jan 26. Learn real risks facing women today, assailant tricks, crucial targets, creating an impact, and releases from common grabs. Great class to take with a friend! Price includes materials fee.
Visit http://www.StrategicLiving.org
6527 BE 1139B M 7:00P-8:50P Factor

TAI CHI WINTER WORKSHOP $115.00
10 sessions, starts Jan 7. Tai Chi is a health sustaining exercise and a tool for improved body awareness. Practiced by the elderly for balance and circulation and the young for relaxation and martial arts, it is a wonderful holistic activity for all ages. The Yang short form will be taught along with warm up longevity exercises and chi kung.
6523 BE 1139B W 6:00P-8:00P Aries

VINHXUAN (WING CHUN) KUNG FU $125.00
22 sessions, starts Jan 7. Learn the authentic art of VinhXuan Kung Fu. The average person will be amazed by the practicality and directness of this effective self-defense system. Train in an environment that is fun, safe and supportive.
6525 MAC 208 W, F 5:30P-6:50P Ta
YOGA AT THE M.A.C. $175.00
10 sessions, starts Jan 5. All level welcome. We offer different levels of progressive for each pose. Every individual will be encouraged to work at a comfortable level that feels right for them. Each class is designed to incorporate proper breathing techniques, stretching, isolated movements, and dynamic flow. Interested in taking a drop-in class for $10? Contact Julia.Goldie@seattlecolleges.edu
6531 MAC 207 M 4:30P-5:30P Staff

Home/Garden
Home Improvement

BASIC HANDS-ON HOME REPAIR AND MAINTENANCE $138.00
3 sessions, starts Jan 27. Through hands-on techniques, learn a variety of home improvements and maintenance skills. Emphasis on tool selection, operation and personal safety, kitchen and bath remodels, electrical, plumbing, wall repair, materials and methods, home security and weatherization. Price includes materials.
Meets at Seattle Central College.
6581 BE 1139B Tu 6:30P-9:00P Marx

BASIC CARPENTRY AND WOODWORKING, LEVEL 1 $154.00
3 sessions, starts Jan 22. Safety is extremely important when using portable power tools. After learning the basics of joinery, jigs, materials, methods and project design; you will apply this knowledge on a toolbox project. Price includes use of all tools, materials and lumber. Additional projects will be discussed. Required: No open toed shoes, loose clothing or jewelry; must tie back long hair. Must bring and use hearing, vision and respiratory safety equipment to class. Class located on University of Washington campus at School of Art, Room 117.
6582 OC 6:00P-9:00P Marx

BASIC CARPENTRY AND WOODWORKING, LEVEL 2 $150.00
3 sessions, starts Feb 12. This class continues with the safe use of power tools and exploring woodworking philosophy. These specialized tools can add a real personal dimension to your project. We will cover jigs and patterns, routers and router bits, jigsaws, electric sanders and wood finishes; to add a personal touch and interpretation to your woodworking project. Price includes use of all tools. Choose from five challenging, useful and interesting projects (instructor approval required). Materials list and class projects will be covered the first class. Prerequisite: Basic Carpentry and Woodworking I. Required: No open toed shoes, loose clothing or jewelry, long hair must be pulled back. Must bring and use hearing, vision and respiratory safety equipment to class. Class located on University of Washington campus at School of Art, Room 117.
6587 OC Th 6:00P-9:00P Marx

CERAMIC TILE INSTALLATION MADE EASY $68.00
1 session, starts Jan 20. Tile is creative, fun and easy to install yourself and adds value to your home. Using hands on techniques explore the many types of tiles, tools, setting materials, grouts, underlayment, preparation and layout. Upon class completion participants will have acquired the skills and confidence to undertake a home tile project in the bathroom, kitchen, floors or walls. Price includes materials. Dress for mess.
Meets at Seattle Central College. Instructor will email classroom location.
6585 BE 1139B Tu 6:30P-9:00P Marx
CERAMIC TILE INSTALLATION MADE EASY $68.00
1 session, starts Jan 21. Tile is creative, fun and easy to install yourself and adds value to your home. Using hands on techniques explore the many types of tiles, tools, setting materials, grouts, underlayment, preparation and layout. Upon class completion participants will have acquired the skills and confidence to undertake a home tile project in the bathroom, kitchen, floors or walls. Price includes materials. Dress for mess. Meets at North Seattle College. Instructor will email classroom location. 6586 OC W 6:30P- 9:00P Marx

UPDATE YOUR KITCHEN AND BATHROOM $44.00
1 session, starts Jan 13. Kitchens and bathrooms are the two rooms that need the most updating and may be the most expensive to update or remodel. This class provides the tools to design and implement your ideas. Learn about which skills to tackle yourself, and when it is cost effective to hire a contractor and how to avoid making mistakes. Price includes materials. Note: Bring plans, photos and questions. Meets at Seattle Central College. Instructor will email classroom location. 6583 BE 1139B Tu 6:30P-9:00P Marx

UPDATE YOUR KITCHEN AND BATHROOM $44.00
1 session, starts Jan 14. Kitchens and bathrooms are the two rooms that need the most updating and may be the most expensive to update or remodel. This class provides the tools to design and implement your ideas. Learn about which skills to tackle yourself, and when it is cost effective to hire a contractor and how to avoid making mistakes. Price includes materials. Note: Bring plans, photos and questions. Meets at North Seattle College. Instructor will email classroom location. 6584 OC W 6:30P- 9:00P Marx

Wine/Spirits
DISCOVER THE PLEASURES OF WINE $135.00
4 sessions, starts Jan 21. Ramp up your wine appreciation skills and explore the basics of Tasting like a Professional with a Certified Sommelier. Course includes tasting a wide variety of wines and crystal tasting glass. Engage in lively discourse about the history, cultural influences and gastronomy, as well as the viticulture and viniculture of the world’s most joyous and fascinating beverage. Tips about food and wine pairing, wine service & storage. Price includes materials fee. Must be 21 years of age or older. 6690 BE 2115 W 6:00P-8:00P Miglino

WINES OF THE WORLD $135.00
4 sessions, starts Feb 25. Explore wine regions and grape varieties from around the globe, with an emphasis on terroir and the glorious diversity of Old and New World wines. Discussion and presentation of appellations, wine regions, wine labels & laws, regional food pairings and collecting liquid assets. A professional crystal tasting glass and a special selection of wines for each class are included in the lab fee. Great follow-up to Introduction to Wine! Price includes materials. Must be 21 years of age or older. 6691 BE 2115 W 6:00P-8:00P Miglino

Woodworking
FURNITURE DESIGN  NEW!
10 sessions, starts Jan 14. Explore your own aesthetic, as you are exposed to the practice of studio furniture design. Class features seminars, focusing on elements of design, including: contrast, surface design, proportion, composition, material technology, and development of a formal language. Class will be organized as a group charette, brainstorming ideas generated through sketching exercises. Design or fabrication experience not required. For questions contact instructor, Jeffrey.Wasserman@seattlecolleges.edu 6710 WC W 5:00P – 7:00P Wasserman
WOODWORKING I $290.00
9 sessions, Jan 12. This all-new, 30 hour course is patterned after the Wood Technology Center’s “Introduction to Professional Woodworking” day class.
Topics include:
• Woodshop safety and personal protective equipment
• Wood and wood products
• Selection and milling of lumber
• Hand tools and sharpening
• Portable and stationary power tools
• Basic joinery
• Adhesives and fasteners
• Wood finishing
• Power tool maintenance
All tools and materials will be provided. Required: Students must bring safety glasses, hearing protection, a notebook and pencils. Limit of 18 students. For further information or questions contact Dave Borgatti at david.borgatti@seattlecolleges.edu
6705 WC M 5:30P - 8:50P Borgatti/Pfeiffer

WOODWORKING II $290.00
10 sessions, starts Jan 13. Continuation of Woodworking I. Students work on their own projects, with their own materials and tools. Hands-on instruction with minimal lecture time. Prerequisite: Woodworking I or permission of instructor. Price includes materials.
6707 WC Tu 5:30P - 8:30P Freeman

WOODWORKING II $290.00
10 sessions, starts Jan 14. Continuation of Woodworking I. Students work on their own projects, with their own materials and tools. Hands-on instruction with minimal lecture time. Prerequisite: Woodworking I or permission of instructor. Price includes materials.
6707 WC W 5:30P - 8:30P Carriere

WOODWORKING FOR WOMEN $290.00 NEW!
10 sessions, starts Jan 15. This 30 hour course is designed to provide a solid introduction to woodworking for women through the construction of a simple carpenter’s stool. The focus will be on safety in the shop, the properties of wood and the proper use of hand and power tools. In a laid-back and supportive atmosphere, you will learn about personal protection in the woodshop, and the selection and milling of lumber. You will discover the variety and use of measuring tools and techniques for the safe use of basic hand tools (hand saw, block plane, chisel, hammer) and portable and stationary power tools (hand drill, router, drill press and table, miter and band saws). Learn about joinery techniques, the importance of sharp tools, when to use different kinds of fasteners and adhesives, and basic methods of wood finishing. All tools and materials will be provided. Required: Students must bring safety glasses, hearing protection, a notebook and pencils. Limit of 18 students. For further information or questions contact Jo Hofmann at Jo.Hofmann@seattlecolleges.edu
6714 WC Th 5:30P-9:00P Chaplan/Hofmann

Language/Culture
AMERICAN SIGN LANGUAGE – INTRODUCTION $125.00
5 sessions, starts Jan 6. An introductory course in American Sign Language (ASL) and deaf culture in the US. Converse in ASL by practicing grammar and basic vocabulary culminating in the ability to have a simple conversation in ASL. Class also includes cultural information about the deaf community.
6627 BE 4156 Tu 6:00P -7:30P Zielske
AMERICAN SIGN LANGUAGE – CONTINUING $125.00
5 sessions, starts Feb 10. Expand your American Sign Language vocabulary and cultural skills to increase your communication effectiveness. Prerequisite: Basic ASL training (including finger spelling and basic signs).
6628 BE 4156 Tu 6:00P -7:30P Zielske

CONVERSATIONAL CHINESE LEVEL 1 $145.00
6 sessions, starts Feb 17. Whether you simply want to take a trip to China, or have a goal to become fluent in Mandarin Chinese, this class is your foundation. Learn how to get the tone and basic pronunciation to start a conversation using proper gestures. Explore conversational topics related to travel; and utilize tips on how to deal with conversation challenges. Special learning materials and approach will be introduced to acquire the language quickly and use it efficiently. Price includes materials.
Item: 6614 BE 1140 M 6:00P-7:30P Cheng

FRENCH CONVERSATION $165.00
8 sessions, starts Feb 3. Come enhance your vocabulary and ability to speak French with other intermediate/advanced level students. During this 8 week series, we will explore a variety of cultural and political topics about the francophone world. We will talk about the literature, cinema, social realities and culinary habits of some of the 30 countries where French is spoken. Themes and topics will be partly chosen by the students. Grammatical notions will be lightly introduced to help students communicate more effectively. No book needed. Custom made material will be handed out to the students for each class. The class will be led by a native speaker.
6630 BE 1139B Tu 11:30A - 1:00P Fournier

FRENCH LEVEL 1 $175.00
10 sessions, starts Jan 8. This is an introductory course, designed to give students helpful tools for traveling and communicating in French starting with the basics. No prior experience required. Instructor will provide learning materials.
6615 BE 4160 Th 6:30P -8:20P Stevens

FRENCH LEVEL 2 $175.00
10 sessions, starts Jan 5 6616Direct continuation of French I. Learn more advanced grammar and vocabulary, and strengthen pronunciation skills. Proficiency not required but should be somewhat familiar with the basics. Learning materials supplied.
6616 BE 4160 M 6:30P -8:20P Stevens

FRENCH LEVEL 3 $175.00
10 sessions, starts Jan 6. Continuation of French II, covering more advanced grammar, reading, writing and vocabulary. Develop fluency as well as increase knowledge of French culture. Students should be familiar with verbs in tenses, even if production is challenging. Continues to focus on grammar, pronunciation, and vocabulary building through interactive games and activities. Learning materials supplied.
6617 BE 4160 Tu 6:30P - 8:20P Stevens

FRENCH LEVEL 4 $175.00
10 sessions, starts Jan 7. Continuation of French III. Conducted solely in French with emphasis on speaking, reading and writing; improving grammar, pronunciation and vocabulary. Great for those who already converse in French, but want to increase fluency. Materials provided.
6618 BE 4160 W 6:30P- 8:20P Stevens
GERMAN FOR TRAVELERS (BEGINNING) $143.00
6621 BE 1140 M 7:15P - 9:00P  Kuerzel-Themann

ITALIAN LEVEL 1 $145.00
6624 BE 4181 M, Th 5:30P - 7:00P  Earle

ITALIAN LEVEL 2 $155.00
6625 BE 4181 M, Th 7:00P -8:30P  Earle

ITALIAN LEVEL 3 - CONVERSATION $175.00
8 sessions, starts Jan 5. Continuation of Italian Level 1 & 2, with an expanded emphasis on conversation; the teacher is a native speaker. Prerequisites: Italian Level 2 or equivalent. Required: Italian Dictionary (bookstore); Essential Italian Grammar (bookstore). Price includes materials.
6623 BE 4135 M 6:30P - 8:30P  Bordin

LEVEL 1, JAPANESE CONVERSATION & CULTURE $160.00
10 sessions, starts Jan 8. You will learn everyday Japanese vocabulary and expressions in their proper context. Simple conversations with basic verbs for social and travel situations. Start to read and write the Hiragana.
6626 BE 4171 Th 6:30P - 8:30P  Coar

LEVEL 2, SPANISH THE NATURAL WAY $175.00
8 sessions, starts Jan 6. Students continue to acquire vocabulary through action and games. Conversational skills practiced through interviews about family and friends, favorite activities, etc. No book required. Students continue to add to their picture dictionary. For more information about this 10-level program, go to: www.seattlecentral.edu/faculty/jlisov/ or email the instructor at: triling@mindspring.com
6602 BE 4159 Tu 5:15P - 6:50P  Lisovsky

LEVEL 4, SPANISH THE NATURAL WAY $175.00
8 sessions, starts Jan 8. Class conducted in Spanish. Students should have a notion of Present and Future tenses even if production is sketchy. Activities are designed around stories, interviews, role-plays, games. Grammar is reviewed and new areas explored. Students are expected to read in Spanish outside of class and do some homework. Textbook Dos Mundos (4th edition) highly recommended. Check on line for best prices using ISBN # 0070644349. For more information about this 10-level program, go to: www.seattlecentral.edu/faculty/jlisov/ or email the instructor at: triling@mindspring.com
6604 BE 4159 Th 5:15P - 6:50P  Lisovsky

LEVEL 6, SPANISH THE NATURAL WAY $185.00
8 sessions, starts Jan 6. Class conducted solely in Spanish. Students should be able to produce Past and Future tenses (as well as Present) in order to communicate personal experiences. Activities are designed around stories, interviews, role-plays and games. Grammar is reviewed and new areas explored. Designed for students who want to maintain their conversational skills and improve vocabulary and structures. Textbook Dos Mundos (4th ed.)
highly recommended. Check online for best prices using ISBN # 0070644349. For more information on this 8-level course, go to: http://www.seattlecentral.edu/faculty/jlisov or email instructor: triling@mindspring.com
6606 BE 4159 Tu 7:05P - 8:40P Lisovsky

LEVEL 10, SPANISH THE NATURAL WAY $185.00
8 sessions, starts Jan 8. Class conducted solely in Spanish. Activities are designed around stories, interviews, role-plays, and games. Grammar is reviewed and new areas (Adjective & Adverbial clauses, Subjunctive, ”if” clauses & Past Subjunctive) explored. Designed for students who want to maintain their conversational skills and improve vocabulary and structures. Textbook Dos Mundos (4th edition) is highly recommended. Check online for best prices using ISBN # 0070644349 and try to have text at least by Week 2. Chapter 16 will be covered in this class along with supplementary activities and readings. For more information about this 10-level program, go to: www.seattlecentral.edu/faculty/jlisov/ or email the instructor at: triling@mindspring.com
6610 BE 4159 Th 7:05P - 8:40P Lisovsky

SPANISH FOR TRAVELERS $100.00
8 sessions, starts Jan 29. This class introduces students to the Spanish language in the basic areas of listening, speaking, reading, and writing. Oral and aural communication will be emphasized.
6613 BE 1139B Th 12:00P -1:00P Nunez-Lira

Travel
SMILING AT THE WORLD $75.00
4 sessions, starts Feb 3. Is it time to travel with a purpose? Would you like to put your next vacation to good use and give back? You can travel and learn about another culture while volunteering at a worthwhile project. Learn how to find hundreds of inexpensive projects all over the globe, what to expect when you get there and how to prepare. Whether you want to work with elephants in Thailand, rebuild monasteries in Nepal, excavate ancient ruins in Turkey, teach English in South America or monitor sea turtles in Greece, come learn how to become a global volunteer the inexpensive way. The instructor has volunteered extensively around the globe as a volunteer.
Visit: http://www.smilingattheworld.com or http://www.inexpensiveglobalvolunteering.com
6683 BE 1140 Tu 6:30P - 8:30P Major

Life Balance
Personal Finance
ASSEMBLING YOUR FINANCES $55.00
3 sessions, starts Jan 15. Learn the facts and fundamentals of money management. Receive direction how to establish a clear, concise and comprehensive system for controlling every aspect of your personal finances. Make a commitment to take responsibility and control over your finances to achieve the goals you set. Includes workbook and weekly homework assignments. Visit: www.assemblingyourfinances.com
6547 BE 1139B Th 6:30P - 9:00P Frunz

Performing Arts
Acting
AN INTRODUCTION TO VOICE OVERS $50.00
1 session, starts Mar 10. Get started in voiceovers! Learn details about the industry and what you need to find success. Receive a professional voice evaluation.
6403 BE 4179 Tu 6:00P -8:00P V. For All Staff

Dance
BEGINNING BALLROOM $75.00
6 sessions, starts Jan 26. Glide with ease after taking beginning ballroom. Learn the Foxtrot, Waltz, and Tango. Leading and following techniques are stressed. Singles and couples welcome.
6505 FA113 M 7:00P -7:55P LaFranchi
BEGINNING SWING (AKA SINGLE TIME EAST COAST SWING) $75.00
6506 FA113 M 8:00P - 8:55P  LaFranchi

BELLY DANCE FOR EVERYBODY $110.00 NEW
7 sessions, starts Jan 7. Refine, combine, and layer the movements you already know, plus polish your performance skills, stage presence, and posture. Some prior belly dance experience required. More info: www.amykatehorn.com.
6514 FA 113 W 7:30P - 8:30P Horn

ISO-RHYTHMIC DANCE CONDITIONING $120.00 NEW
8 sessions, starts Jan 21. Inspired by Joseph H. Pilates' method of breathing and Katherine Dunham's movement isolation; we will target core muscle groups working the body from the inside out. You will isolate body parts through use of basic dance movements and rhythm. This class is fun, social and creative in its approach to breath and movement as an inseparable discipline for whole body wellness. Required: Bring mat, large towel, water. Wear clothing that contours and comfortably fits the body.
6521 BE 1139B W 12:00P-1:00P Daigre

JAPANESE CLASSICAL DANCE – BEGINNING $95.00
4 sessions, starts Jan 10. Learn to play this exotic 3-stringed instrument. Price includes text fee. Contact: Mary Ohno 253.564.6081, e-mail: kabukiacademy@msn.com before the first session.
Visit: http://www.kabukiacademy.org
6515 BE 2122 Sa 12:00P -12:30P  Ohno

Music
INTRODUCTION TO RECORDING TECHNOLOGY $300.00
12 sessions, starts Jan 5. Introduction to recording technology using Pro Tools software and the Digidesign 003 Factory tactile control board. Class project will result in a finished recording from tracking to mixdown and mastering. Projects may include live tracks including vocals and acoustic instruments plus midi and sequenced tracks. Reason is available to use in synthesis, drum tracks, and sampling, as well as Sibelius for notational printouts of project music. Visit http://www.lonniemardis.com
6643 BPH 104 M, W 5:00P -7:00P Mardis

JAPANESE SHAMISEN – BEGINNING $95.00
4 sessions, starts Jan 10. Learn to play this exotic 3-stringed instrument. Price includes text fee. Contact: Mary Ohno 253.564.6081, e-mail: kabukiacademy@msn.com before the first session.
Visit: http://www.kabukiacademy.org
6648 BE 2122 Sa 1:00P -2:00P  Ohno

JAPANESE SHAMISEN – CONTINUING $95.00
4 sessions, starts Jan 10. Learn to play this exotic 3-stringed instrument. Contact: Mary Ohno 253.564.6081, e-mail: kabukiacademy@msn.com, before the first session. Price includes text fee. Visit: www.kabukiacademy.org
6649 BE 2122 Sa 2:00P -3:00P  Ohno
JAZZ VOCAL WORKSHOP - (Beginning & Intermediate) $200.00
10 sessions, starts Jan 7. Discover your inner voice through singing. Beginner and intermediate singers develop the voice through study of contemporary and standard jazz styles. Price includes lab fee. Visit:
http://www.katiekingsings.com
6640 BPH 101 W 6:30P - 8:30P  King

SEATTLE CENTRAL GUITAR ENSEMBLE $125.00
10 sessions, starts Jan 6. A performing ensemble focusing on popular music styles including Blues, Rock, Swing, R&B, and Latin. The course will provide experience in reading, comping, improvising, ensemble playing, performance, and musicianship. Permission of instructor required. Lonnie Mardis, 206.300.4170,
Email: lonster@seatnet.com. Visit http://www.lonniemardis.com
6650 BPH 104 Tu 7:00P -9:00P  Mardis

SEATTLE CENTRAL JAZZ CONCERT ORCHESTRA $100.00
10 sessions, starts Jan 5. Prerequisite: permission of instructor. For professional and student musicians. Rehearse with goal of performing in a professional jazz concert orchestra. Maintain reading skills; expand big band jazz repertoire and improvisational skills. Visit http://www.lonniemardis.com
6642 BPH 101 M 7:00P -9:00P  Mardis

Visual Arts/Design
ART - POLI PAINTING AND DRAWING ON LOCATION IN ITALY SUMMER 2015 $310.00
(6435) Spend two weeks in the birthplace of the Renaissance, Florence, Italy. For students, professionals, artists, beginners to advanced. Draw on location, in the piazzas, Italian picturesque sites and museums of classical Italy. Includes art history and some painting. Class fee covers 90 hours of instruction. Travel expenses additional. Contact instructor for more information. Please note: This class is for Summer 2015 (August 17 - September 3, 2015). For more information and early registration, please call 206.934.5448. Instructor G. Gancarz Visit: http://www.seattlecentral.edu/wp/continuinged/italy

ART - POLI PAINTING AND DRAWING ON LOCATION IN LONDON SPRING 2015 $310.00
(6437) Spend time in the spring painting and drawing in London, England. Please note: This class is for Spring 2015 (Late March to early April). Offering an impressionist painting and drawing class for students, artists, beginners to advanced. Students will paint, draw and photograph on location, in British picturesque sites and the famous museums of royal London. Course time is for 90 hours of instruction. Students desiring a certificate must enroll and pay tuition for the course at Seattle Central. Registration is ongoing. For more information and early registration, please call 206.934.5448. Instructor G. Gancarz Visit: http://www.seattlecentral.edu/wp/continuinged/london

Applied Arts
BASIC JAPANESE PAPERMAKING $200.00
2 sessions, starts Jan 24. Learn Japanese and Western papermaking techniques including pulp preparation, sheet forming, pressing and drying. Students will create their own sheet. We will explore laminating, embedding and using collage. Price includes materials. Limit 4 students. Class meets off campus at instructor's studio (Pioneer Square).
6419 OC Sa, Su 10:00A - 5:00P  Suzuki

CREATIVE PAPERMAKING WITH COLOR & OTHER MATERIAL $200.00
2 sessions, starts Feb 7. Create art using handmade paper as a medium. Illustrate a selection of images and textures from examples presented by the instructor. Learn to mix a variety of color pulp and choose from a selection of materials to create a project. Price includes materials. Limit 4 students. Class meets off campus at instructor’s studio (Pioneer Square).
6420 OC Sa, Su 10:00A - 5:00P Suzuki
STAINED GLASS ART – BEGINNING $130.00
8 sessions, starts Jan 21. Covers designing, glass cutting and fabrication techniques used by stained glass artists. Students will complete one project. Call instructor at 206.935.5682 before enrolling to find out about materials and equipment to buy for class.
6417 FA 404 W 6:30P - 9:00P  Nicholas

Drawing/Painting
IMPRESSIONIST PAINTING $125.00
8 sessions, starts Jan 24. Do you admire the paintings of the Impressionists? Study their unique brushstroke method to make beautiful paintings. No formal art training needed, just a willingness to learn. Discover how lines of color can make a complete painting just by changing their direction. Instructor is a professional teacher and artist in the USA and Italy, who has exhibited in museums and galleries worldwide. Class will meet in Fine Arts Building 402 or 403.
6431 FA 402 Sa 12:00P - 2:00P  Gancarz

DRAWING & SKETCHING $105.00
8 sessions, starts Jan 7. For beginning/intermediate students. Emphasizes the creative concept of contemporary and traditional. Encourages creative expression. No previous art experience needed. Class will meet in Fine Arts Building 402 or 403.
6416 FA 402 W 6:30P - 9:30P Herard

LIFE FIGURE DRAWING $240.00
10 sessions, starts Jan 15. Draw from live models under the guidance of a skilled artist. Suitable for those interested in learning to work on proportions, structure and movement of the human figure. Bring 18" × 24" sketch pad and mechanical pencil (0.7 or 0.5mm) with B or 2B graphite. Price includes all model's fees. Visit: http://www.chubotin.com
6424 FA 402 Th 6:30P - 9:00P Chubotin

PAINTING FOR EVERYONE $125.00
8 sessions, starts Jan 24. Explore color, form, space, composition, and technique as a source of personal expression. Work from the model, imagination or memory, in any media. For beginning and intermediate students. Opportunity to exhibit in a Seattle gallery. Instructor is a professional artist who has exhibited at the Metropolitan Museum of Art, and also teaches in London and Italy. Class will meet in Fine Arts Building 402 or 403.
6430 FA 402 Sa 10:00A-12:00P  Gancarz

PAINTING OIL & ACRYLIC $105.00
8 sessions, starts Jan 6. No painting first class: introductory discussion of materials, sources and homework assignment. Beginning instruction on an individual basis. Covers the basics and will expand to meet individual interests and expression. Class will meet in Fine Arts Building 402 or 403.
6415 FA 402 Tu 6:30P - 9:30P  Herard

PALETTE KNIFE PAINTING $125.00
7 sessions, starts Jan 26. Focuses on using the palette knife to create fast textural painting. No painting experience necessary! Learn the techniques of this secret art. Create beautiful paintings without a paint brush. If you like textural painting this class is for you!
6436 FA 403 M 6:30P - 8:30P  Gancarz
WATERCOLOR PAINTING $135.00
6 sessions, starts Jan 12. Learn the basics of watercolor painting. You will be introduced to traditional watercolor techniques, how to analyze color, combine watercolor with drawing media and materials such as ink and graphite. Students will be encouraged to work with subject matters ranging from still life and examples by masters to abstraction and imagination. We will expand to meet individual interests and expression. Beginners and more experienced students are welcome. Overview of materials and supply list provided first day of class.
Visit:  http://www.chubotin.com
6423 FA 404 M 6:30 9:00P  Chubotin

Graphic Design
GRAPHIC DESIGN FOR PRINT MEDIA $215.00
6 sessions, starts Jan 14. Learn to use Photoshop & Illustrator to print tee shirts and posters, professionally document your artwork, and create graphic designs. Course will demonstrate how to bring your ideas and artwork to the printing press and more! Work with halftones and screen angles, produce CMYK and spot color separations, and prepare a design for commercial printing or your own DIY print project! Class is a combination of live demonstration and open lab time. Student ID and computer lab fee required.
8384 BE 3168 W 6:00P -9:00P  Huntress

ILLUSTRATOR WITH HUGH MILLER $159.00
8335 BE 3168 M 6:00P -8:00P  Miller

INTRODUCTION TO ADOBE INDESIGN CC $199.00
4 sessions, starts Feb 19. Learn the basics of this powerful page layout application which has become the primary tool for graphic design and desktop publishing. Lots of hands-on. Students are encouraged to bring real-life projects to class. Excellent follow-up to Intro to Graphic Design/Desktop Publishing class. Must be familiar with mouse and menu-based computer applications. *Student ID & Computer Lab fee required.
8386 BE 3168 Th 6:00P -9:00P  Hager

INTRODUCTION TO GRAPHIC DESIGN/ DESKTOP PUBLISHING WITH ADOBE CREATIVE $215.00
6 sessions, starts Jan 8. Want to design business cards/letterhead, an ad, a brochure or newsletter but don’t know where to begin? Learn to effectively communicate your message based upon the principles of good design in this hands-on overview. This beginning class introduces the basic features of InDesign, Photoshop, Illustrator, and Acrobat. Must be familiar with mouse and menu-based computer applications. Instructor is Seattle Central’s graphic designer. *Student ID & Computer Lab fee required.
8385 BE 3168 Th 6:00P -9:00P  Hager

WEB SITE DESIGN WITH HUGH MILLER $199.00
6 sessions, starts Jan 13. This popular local site designer and teacher takes you from beginning to intermediate knowledge of web construction and design. Class features Adobe Dreamweaver software. *Student ID & Computer Lab fee required.
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WORDPRESS FOR WEB SITES $189.00
5 sessions, starts Feb 24. WordPress is a completely free and easy to use Content Management System for building and maintaining web sites. Historically used for blogging, WordPress can also build powerful, database driven web sites for many purposes, including ecommerce. Join Hugh Miller for a class to get you up and running in this exciting alternative approach to building web sites. *Student ID & Computer Lab fee required.
8339 BE 3168 Tu 6:00P -8:00P Miller
Photography

**BASIC CAMERA OPERATION** $155.00
7 sessions, starts Feb 3. Explore how your film or digital camera works and how to work your camera to consistently expose negatives properly and make them say what you want. Discuss depth-of-field, film, on-camera flash, lenses and filters in practical, “idea-based” terms. Required materials include a 35mm camera (digital or film, but NO point & shoot camera) with manual capability and six rolls of film with processing.
6667 BE 4167 Tu 6:00P -8:00P Harris

**INTRODUCTION TO STREET PHOTOGRAPHY** $115.00
5 sessions, starts Feb 19. With advances in electronic imaging, it seems the responsibility for authenticity falls more than ever to the conscious photographer. No other backdrop offers itself as honestly to this idea than the street. Bring a manual SLR, film or digital, and we will explore this idea together.
6668 BE 4167 Th 6:00P -8:00P Harris

Writing/Publishing/Film/Literature

**BEGINNING SCREENWRITING** $150.00
8 sessions, starts Jan 24. All aspects of beginning screenwriting, from basic format, to complex structure. Work through your ideas in a collaborative setting, understand the 3-act structure, delve into all aspects of Hollywood and learn tricks of the trade. For anyone who has had an idea for a film or who has already written a screenplay.
6540 BE 4179 Sa 10:00A - 12:00P Terry

**HISTORY OF AMERICAN FILM** $115.00
8 sessions, starts Jan 24. Exploration of the history of film in America, from the earliest flickering images to the biggest computer generated blockbusters of today. We will showcase some of the most fascinating American films ever produced. Through film clips and discussions, we will explore how American Film has changed through the decades. From the process of creation through the art of distribution and you will learn to critically dissect many facets of film. Each decade, from the 1910’s to the present, will be represented. For those with a powerful passion for the cinema. Instructor is an independent film maker.
6542 BE 4179 Sa 1:00P-3:00P Terry

**INTRODUCTION TO CREATIVE WRITING** $115.00
6 sessions, starts Feb 14. Have you ever wanted to write short stories, plays, poetry, a novel or simply write more expressively and imaginatively, whether fiction or non-fiction? Receive instruction and practice basic creative writing techniques in a relaxed, non-judgmental atmosphere; includes simple writing exercises to help you practice these techniques and develop ideas for writing projects. Everyone has a story to tell. Learn to tell yours. ESL and Au Pair friendly.
6717 BE 4185 Sa 11:00A 1:30P Whelan

**INTRODUCTION TO MEMOIR WRITING** $95.00
6 sessions, starts Feb 11. Introduction to Memoir will get you started on telling the story of (or some stories from) your life. From ideas to notes to messy first drafts to final polish, we’ll cover the basics, writing together in class and writing on our own between classes. Sharing will be encouraged but optional. We will practice the art of supportive, insightful feedback. Course includes six 90-minute classes and an optional 15-30 minute one-on-one meeting with the instructor. There will be handouts and/or reading suggestions. Students will be expected to write between classes, although there will be no required writing quota. Visit: http://www.therestlessnest.wordpress.com
6725 BE 1140 W 6:30P - 8:30P Hedreen

**FICTION WRITING WORKSHOP** $115.00
8 sessions, starts Jan 12. Interested in writing fiction, but don't know where to start? A variety of topics will be covered; the main focus will be your work. Designed for writers of all levels.
6729 BE 1140 M 7:00P -9:00P Gebler
Business/Professional Development

Computers

Excel 2013: Level 1 $199.00
4 sessions, starts Jan 12.
8300 BE 1139E M, W 6:00P -8:00P  Taylor

Excel 2013: Level 2 $199.00
4 sessions, starts Feb 2.
8301 BE 1139E M, W 6:00P -8:00P  Taylor

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8385 BE 3168 Th 6:00P -9:00P  Hager

LEVEL 1, AUTOCAD 2015 $425.00
7 sessions, starts Jan 5. Getting started with AutoCAD. Basic drawing and editing. Drawing with precision, organizing with layers, object types, and inserting blocks *NO Student ID or Computer Lab fee required. *Prerequisites: working knowledge of Windows. Basic drafting procedures and terminology helpful, but not required.
8265 BE 1139D M, W 6:00P -9:00P  Moy

LEVEL 2, AUTOCAD 2015 $425.00
8266 BE 1139D M, W 6:00P -9:00P  Moy
LEVEL 3, AUTOCAD 2015 $425.00
8 sessions, starts Mar 2. Continuation of level II. Design center, advanced drafting tools, managing Xref files. Setting up plotter and CTB files. Blocks and attributes. Custom buttons and toolbars. Import export file formats.
8267 BE1139D M, W 6:00P -9:00P Moy

PHOTOSHOP WITH HUGH MILLER $189.00
5 sessions, starts Feb 23. We will go from beginner to intermediate skill zone. Making original graphics from scratch, modifying existing graphics with special effects. Repairing old and damaged photos. Styles, shapes brushes and filters. Photoshop for print-work and for the web all in one place! *Student ID and computer lab fee required.
8373 BE3168M 6:00P-8:00P Miller

REVIT ARCHITECTURE 2015 $775.00
6 sessions, starts Jan 10. Building design and documentation software helps you design freely and efficiently. Built for BIM (Building Information Modeling), Revit mirrors the real world of buildings, so you work naturally rather than with floor plans, sections, and elevations. Since Revit is a Parametric Modeler, changes you make are automatically coordinated in your project reviews, sheets, schedules, sections, and plans.
8269 BE 1139D Sa 10:00A-4:00P Moy

REVIT 2015 ARCHITECTURE ADVANCED $499.00
4 sessions, starts Feb 21. Continuation of beginning course.
8270 BE 1139D Sa 10:00A-4:00P Moy

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8336 BE 3168 Tu 6:00P-8:00P Miller

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8339 BE 3168 Tu 6:00P-8:00P Miller

Marketing
INTRODUCTION TO SOCIAL MEDIA MARKETING $199.00
7 sessions, starts Jan 15.
8340 BE 1139D Th 6:30P - 8:00P Sindelar

Certificate Programs
3D Computer Game Design
3D COMPUTER GAME DESIGN CERTIFICATE $1499.00
21 sessions, starts Jan 13. Game Design I, II, III & IV. Sign up for all four classes and save $200.00.
8249 BE 1139E Tu, Th 6:00P -9:00P Vigil

AutoCAD
AUTOCAD 2015 CERTIFICATE $1199.00
22 sessions, starts Jan 5. Sign up for all three levels at once and save $130.00.
8268 BE 1139D M, W 6:00P -9:00P Moy
Core Management Skills Certification

**NEW MANAGER BASIC CERTIFICATE $495.00**
1 session, starts Mar 25. Package includes Manager 101, Delegation and Supervision, Budget Management, Team Development and Change Management.
8312 Online

**NEW MANAGER ADVANCED CERTIFICATE $495.00**
1 session, starts Mar 25. Must have completed New Manager Basic Certificate. Package includes Conflict Management, Effective Communication, Performance Management, Project Management and Leadership.
8313 Online

**NEW MANAGER BASIC & ADVANCED CERTIFICATE $825.00**
1 session, starts Mar 25. Package includes ALL 10 New Manager courses.
8311 Online

Grant Writing

**CERTIFICATE IN GRANTWRITING FUNDAMENTALS $429.00**
8 sessions, starts Jan 13. The world of grants seeking is becoming more competitive. Gain the skills to become a successful grant writer either as the head of an organization, program manager or as a fund developer. Learn a series of key skills related to project design, development and persuasive writing skills. Price includes materials.
8236 BE 1139D Tu 6:30P - 8:30P Ogilvie

National Personal Trainer Certification

**NATIONAL PERSONAL TRAINER CERTIFICATION $650.00**
6 sessions, starts Feb 7. Personal Training Certification considers this fun and profitable field one of the hottest in the US. Course taught over a 5-week period and the National Exam is held on the 6th week. 15 hours of hands-on training prepares you to work with clients. 15 hours of lectures include, but are not limited to, anatomy, exercise physiology, nutrition, health screening, etc. Proof of CPR/AED and a 30-hour internship will prepare you to work successfully in the field. A great opportunity to network with employers while getting valuable experience. Course will help you prepare for your NATIONAL BOARDS. Call 1.888.330.9487 to order the required textbook and start reading ASAP. For more information go to http://www.witseducation.com
8280 BE 4119 Sa 9:00A-4:00P Staff

Paralegal Certificate Course

**PARALEGAL CERTIFICATE COURSE $1289.00**
18 sessions, starts Jan 26. Intensive, nationally acclaimed program for beginning and advanced legal workers. Train to interview witnesses, investigate complex fact patterns, research the law, prepare legal documents, and assist in preparing cases for courtroom litigation. Practice-oriented instruction relating to those areas of law in which paralegals are in most demand. Questions: Please go to http://www.legalstudies.com. Class meets M/W 6:00-9:30P, Saturdays 9:00A-5:00P
8240 BE 4181 M, W, Sa 6:00P -9:30P Staff

Revit Architecture

**REVIT ARCHITECTURE 2015 $775.00**
6 sessions, starts Jan 10. Building design and documentation software helps you design freely and efficiently. Built for BIM (Building Information Modeling), Revit mirrors the real world of buildings, so you work naturally rather than with floor plans, sections, and elevations. Since Revit is a Parametric Modeler, changes you make are automatically coordinated in your project reviews, sheets, schedules, sections, and plans.
8269 BE 1139D Sa 10:00A-4:00P Moy
Revit Architecture Advanced
REVIT 2015 ARCHITECTURE ADVANCED $499.00
4 sessions, starts Feb 21. Continuation of beginning course.
8270 BE 1139D Sa 10:00A 4:00P Moy

TESOL- Certificate Program
TESOL - BASIC COURSE $1595.00
15 sessions, starts Jan 7. PREREQ: BA/BS degree (or equivalent) or permission of Lisa Saunders TESOL program director. Non-native English speakers should provide English language proficiency test results or have earned a BA degree. First of a two-course series leading to the TESOL Advanced 120 hour Certificate, the preferred certificate in many countries. Includes in-class lectures plus 6 additional ESL/ELL teacher observation hours required outside of class. Meets every Wed from 6-9:00P plus two Saturday mornings per month from 9:00-2:00P. Please contact Shelley.Culbertson@seattlecolleges.edu prior to registration.
8210 BE 4130 W, Sa 6:00P -9:00P Treat/Vaughn

TESOL- GRAMMAR $650.00
10 sessions, starts Jan 5. Pre-requisite Required: TESOL Course. Second course taken after one has taken the basic TESOL certificate course. Overview of English language grammar, with special emphasis on structures most commonly taught in English language classes. Hybrid course with classroom component as well as online. Additional $5.25 Canvas online platform fee applies. Please contact Shelley.Culbertson@seattlecolleges.edu prior to registration.
8211 BE 4175 M 6:00P-9:00P Comidy/Colleen