

Letter to Seattle Central Students  
Dr. Ron Hamberg, Vice President for Instruction  
April 30, 2009

As you are probably aware, six patients with Swine Flu have been identified in Washington State; three of the cases are from King County. At this time, we do not have any reported Swine Flu cases on our campus or any of the District campuses. As we have updated information, we will post it on the Seattle Central website: <http://seattlecentral.edu/news/swineflu.php>

I wanted you to know that we are monitoring this situation closely and are following the Pandemic Flu plan of the Seattle Community College District. Seattle Central will remain open for classes as usual unless instructed to do otherwise by local or state officials.

Our first concern is the safety of our students, faculty and staff. For that reason, I urge you to remain at home if you have flu symptoms. The symptoms for this new type of swine flu are similar to the symptoms of the regular "seasonal" influenza that happens each year. Symptoms include fever, cough and sore throat. In addition, fatigue, lack of appetite, runny nose, nausea, vomiting and diarrhea have been reported. In the meantime, practice good hygiene: Wash your hands, cover your cough and stay home if you are feeling ill.

**Staying home sick? Who to call:**

Part of our efforts to keep our campus healthy is to keep track of those who are home sick with flu symptoms. If you do stay home sick, you should call your instructor or your division office.

**Division office numbers (all area code 206)**

Basic and Transitional Studies	587-4180
Business, Information Technologies & Creative Arts	587-3830
Health & Human Services	344-4347
Humanities & Social Services	587-4164
IRS/Library	587-4050
International Programs	587-3893
Culinary	587-5424
Maritime	782-2647
Wood Construction	587-5460
Science and Mathematics	587-3858

As President Obama remarked last night, this is a cause for concern but not panic. To learn more about the Swine Flu, here are some links to additional resources:

- Washington State Department of Health <http://www.doh.wa.gov>
- Washington State Department of Health [information on swine flu](#)
- Washington State Department of Health [information on how to prevent the spread of germs](#)
- Washington State Department of Health [Swine Flu Facts](#)

- Centers for Disease Control and Prevention hotline at **1-800-CDC-INFO (232-4636)**
- World Health Organization <http://www.who.int/en/>

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